

ORGANIC FARMING IN INDIA

This summary document provides an overview of the state of organic farming in India. And also covers a literature review of impact studies conducted on organic farming in India. It is a part of the larger CEEW study, Sustainable Agriculture in India 2021: What We Know and How to Scale Up.

Sustainable Agriculture in India 2021: What We Know and How to Scale Up, is a handbook on the prevalence, practices and state of affairs of the 16 most promising sustainable agriculture practices in the country. It presents the economic, social and environmental impacts of these practices with recommendations on their potential to scale-up sustainable agriculture in India.

The study is available at: https://www.ceew.in/publications/sustainab le-agriculture-india-2021

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rganic farming is a production system that prohibits the use of synthetically produced agro-inputs (fertilisers and pesticides). Instead, it relies on organic material (such as crop residues, animal residues, legumes, bio-pesticides) for "maintaining soil productivity and fertility and managing pests under conditions of sustainable natural resources and a healthy environment."¹

Eliminating synthetic or chemical-based inputs is, however, only one aspect of the organic production system. More importantly, it emphasises a whole-system approach in which all the individual components (soil minerals, organic matter, micro-organisms, insects, plants, animals, and humans) create a sustainable and selfregulating ecosystem. The National Organic Standards Board of the United States Department of Agriculture (USDA) defines it as "an ecological production management system that promotes and enhances biodiversity, biological cycles, and soil biological activity. It is based on the minimal use of off-farm inputs and management practices that restore and enhance ecological harmony."²

As a system, it entails several components with specific and integrated functions. The use of cover crops, green manures, animal manures, crop rotations, mixed farming, organic manure, and compost is encouraged to improve soil fertility, maximise biological activity, and maintain long-term soil health. Similarly, weeds are managed by using crop good crop husbandry, and rotations, biological controls. Pests and diseases are managed using diversity, bio-intensive pest management, and other biological controls. Finally, it emphasises reducing external offfarm inputs and focusing on conserving the biodiversity of the agricultural system and the surrounding environment.³





Organic farming's linkages to FAO's agroecological elements

In principle, organic farming adheres to and promotes many agroecological elements as defined by the FAO

Elements	Description of agroecological linkages
Diversity	The use of intercropping, mixed cropping and crop rotations in organic farming combines various complementary species to increase the field's spatial and temporal diversity
Co-creation and sharing of	Organic farming is a knowledge-intensive method of agricultural production. While methods and practices guide its implementation, its viability depends on the local and regional context. In India, organic farming started as a grassroots movement by farmers and civil society
knowledge	organisations. It has evolved by combining farmers' traditional local knowledge with more scientific know-how of scientists and researchers.
Synergies	Apart from the biological synergies created by the interaction of various elements under organic farming, as a whole farm system, it also encourages the use of locally available resources, emphasizing resilience and reducing input costs, enabling synergies with social-ecological systems.
Efficiency	The efficiency of resource use is critical in organic farming. Synthetic agro-inputs are substituted by green manures, organic manures, compost, waste materials such as oil cakes, and biological controls.
Recycling	Composting and the use of green manures are elemental in organic farming. It aims for no waste to be produced, as any by-product, usually termed as waste, is recycled into other parts of the farm. Generally, compost is made from animal manure, fresh green leaves, and carbon rice materials such as paddy straw, wood chips, and dry leaves.
Resilience	The premium price from organic products and the extra income from diversifying crops help build households' socio-economic resilience. Similarly, by reducing dependence on external inputs, farmers' costs decrease, and they are likely to be less vulnerable to economic risks. Newer market opportunities are created by producing certified products, which helps raise household incomes.
Human and social values	Organic farming is a knowledge-intensive method of agricultural production. While methods and practices guide its implementation, its viability depends on the local and regional context. In India, organic farming started as a grassroots movement by farmers and civil society organisations. It has evolved by combining farmers' traditional local knowledge with more scientific know-how of scientists and researchers.

A brief context in India

Farmers and enterprises adopt organic agriculture in India for different reasons. In the low rainfall areas, which tend to be no- or low-input zones, it has always been the traditional practice (maybe because of the lack of resources for conventional agriculture). The majority of such farmers are uncertified, despite pursuing organic practices. In other cases, farmers have adopted organic farming, having realised conventional agriculture's ill-effects (low soil fertility, food toxicity, increased input costs). This category includes both certified and uncertified farmers. A third group comprises farmers and enterprises that have systematically adopted commercial organic agriculture to benefit from the premium price for certified organic produce.⁴



The Government of India has been promoting organic farming in the country through two dedicated national schemes: *Paramparagat Krishi Vikas Yojana (PKVY)* and *Mission Organic Value Chain Development for North East Regions (MOVCD-NER)* since 2015 through state governments. Under these schemes, the support provided includes forming farmers' clusters or farmer producer organisations; input procurement; value addition, including post-harvest infrastructure creation; packaging; branding and publicity; transportation; and organising organic fairs.⁵

Organic farming is supported under other national schemes, such as *Rashtriya Krishi Vikas Yojana* (*RKVY*), *Mission for Integrated Development of Horticulture (MIDH)*, and the *All-India Network Programme on Organic Farming* under the Indian Council of Agricultural Research (ICAR). Certification of organic farming is either done through the *Participatory Guarantee System (PGS)* or *third-party certification* by the Agriculture Processed Food and Export Development Authority (APEDA) in the Ministry of Commerce.

Government promoted organic farming schemes

Paramparagat Krishi Vikas Yojana (PKVY) is a centrally sponsored scheme launched in 2015 under the National Mission of Sustainable Agriculture (NMSA). It promotes organic farming across India through a cluster approach (500-100 ha). The scheme helps farmers obtain Participatory Guarantee System (PGS) certification. Besides, organic inputs and capacity building are provided to registered farmers. Assistance is also offered to establish vermicompost units, including vermi hatcheries, and woven beds for vermiculture.⁶

Mission Organic Value Chain Development for North East Regions (MOVCD-NER) is another centrally sponsored scheme launched in 2015. It is a sub-mission under the National Mission of Sustainable Agriculture (NMSA) for implementation in Arunachal Pradesh, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura, and Meghalaya. The scheme aims at developing certified organic production through a value chain approach to link producers with consumers and support the entire value chain development.



Organic farming: acreage, geographies, and cultivation details

How much area in India is under organic farming? As of March 2020, 2,780,000 hectares were under certified organic farming in India, about 2 per cent of India's 140.1 million hectares net sown area. Of this, 1,940,000 hectares were under the National Programme for

Organic Production-APEDA (NPOP), 590,000 hectares under *PKVY*, 70,000 hectares under *MOVCD-NER*, and 170,000 hectares under state schemes.⁷

In addition to this, under the *NPOP*, 1,490,000 hectares are designated as wild harvest areas for medicinal plants and aromatic plants, fruits, nuts, gums, honey, and marine and aquatic plants across 21 states. The top five states with the largest certified wild harvest area (80 per cent of the total area) are Rajasthan, Madhya Pradesh, Himachal Pradesh, Chhattisgarh, and Jammu & Kashmir.⁸

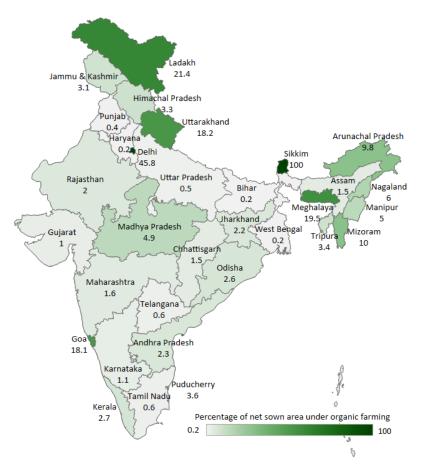
How many farmers in India are practising organic farming? As of March 2020, over 1.9 million farmers in India were registered under the two certification systems: 753,319 farmers were registered on the PGS



India portal, and 1,147,401 farmers were registered with third-party certification.⁹ There is no information available on the number of uncertified organic farmers in India.

Where in India is organic farming prevalent? Organic farming is practiced across almost all states in India (Figure 1), with Sikkim formally declared a 100 per cent organic state in 2016. The top three states, accounting for almost half of the area under organic cultivation, are Madhya Pradesh, Rajasthan, and Maharashtra. A recently published report by the Centre of Science and Environment highlights how only a small fraction of most states are under organic farming. The top three states that account for the largest area cultivation—i.e., under organic Madhya Pradesh, Rajasthan, and Maharashtra-have only 4.9, 2.0, and 1.6 per cent of their net sown under organic farming, area respectively. Other states, such as Meghalaya, Mizoram, Uttarakhand, Goa, and Sikkim, have 10 per cent or more of their net sown area under

organic.10



ng Figure. State-wise organic coverage (proportion to the net sown area of the state)

Source: Lok Sabha 2019; Ministry of Agriculture & Farmers Welfare 2019

Which are the major crops cultivated under organic farming in India? In 2019-20, India produced 2.75 million tonnes of certified organic products, including all varieties of food products – oilseeds, sugarcane, cereals and millets, cotton, pulses, aromatic and medicinal plants, tea, coffee, fruits, and vegetables, spices, dry fruits, and processed food. In terms of share of export value of processed organic foods, soya meal takes the lead (45.87 per cent); followed by oilseeds (13.25 per cent); plantation crop products such as tea and coffee (9.61 per cent); cereals and millets (8.19 per cent); spices and condiments (5.20 per cent); dry fruits (4.98 per cent), and medicinal plants (3.84 per cent).

India as a world leader in organic cotton production

India contributed 51 per cent (37,138 MT) of the global organic cotton production in 2018-19. India also had the most land under cotton in organic conversion, at 23,251 ha, followed by Pakistan (17,632 ha) and Turkey (6,148 ha).





Impact of organic farming

This section considers the economic, social, and environmental impacts of organic farming.

ECONOMIC IMPACT

The yields and net return from organic farming depend on several factors other than the production system. These include proper and scientific management of nutrient and pest management systems with multiple approaches, conversion time, market availability for premium prices, and certification. Given that it is essential to look at these other factors while evaluating yield and net return, it is not easy to generalise the overall economic impacts. Also, it is not easy to measure organic farming's contribution to food security at the country level, as only two per cent of the agricultural land is under organic farming.

1. Yields

More than 30 peer-reviewed journal articles had looked at the impact of organic farming on yields and crop productivity for different crops. Our synthesis of reviewed studies suggests that the conversion of chemical-intensive farmland to organic reduces crop yields in the first 2-3 years. However, once various organic inputs have had time to restore the soil's biological activities, organic farming shows comparable yields with conventional agriculture.^{11,12} Biomass availability, integration of livestock, effective composting, cover crops, and legumes in the rotation can positively impact yields. A long-term study initiated in 2004 by the Indian Council of Agricultural Research (ICAR) across 12 states and covering several crops show yield increases over conventional farming of between 5 and 20 per cent for crops like ladies' fingers, turmeric, cotton, black pepper, onion, chilli, ginger, green gram, sunflower, maize, soybean, cowpea, etc. However, there was a reduction of 5-20 per cent for others like potato, cabbage, French beans, lentil, radish, mustard, cauliflower, baby corn, rice, chickpea, and groundnut.¹³

Yield differences in organic farming are highly contextual and depend on various site characteristics and agroecological conditions. A meta-analysis of over 300 comparisons (at a global level) reported a 5 per cent lower organic yield than conventional under rainfed legumes on weak acidic to weak alkaline soils; - 17 per cent (under rainfed conditions), - 3 per cent (for specific plants such as fruit) and – 11 per cent (for specific oilseed crops). However, under certain other environmental conditions and with acceptable management practices, organic yields can match the conventional results.¹⁴For instance, a 30-year comparison of organic and conventional corn and soybean production by the Rodale Institute showed equivalent yields between the organic and conventional systems, with organic outperforming conventional methods in drought years.¹⁵ The package of practices developed scientifically needs to be applied in all agro-climatic regions. Organic farming could be first scaled up in the low resource endowment regions such as rainfed and hilly tracts. As the use of external inputs is low in such areas, comprehensive organic interventions could realise relatively higher yields than without organic approaches on the farms involved.

Areas for further research

- 1. Reduced and rotational manuring practices for reducing the cost of cultivation.
- 2. Low external input-based organic systems with farming systems approach.



- 3. How to boost yields among different organic crops in India, and what are the key determining factors?
- 4. Documentation of traditional knowledge of organic farming.
- 5. Promotion of identified varieties for organic farming under the development schemes.
- 6. Nationwide inventory of levels of chemical use.

2. Income

Like yields, net income and profitability depend on several factors, such as the amount of land available, premium prices, labour charges, market access, farmers' skills, certification, etc. This complexity makes it challenging to build a general narrative on the income and profitability of organic farming.

With premium prices, farmers could get higher profits than conventional farmers. However, with low market access and linkages, farmers do not benefit from the premium price realisation. Instead, they are forced to sell their products in the regular *mandis* and markets at average prices. Lack of assured market support for organic products is the most significant bottleneck for organic farmers.

The second challenge is the cumbersome and expensive certification process, especially for small farmers. Sikkim – which was formally declared an entirely organic state in 2016 – still suffers from poor capacity building and the lack of a market support system.¹⁶ Support to farmers to ensure the effective use and management of an organic package of practices is critical in the first 3-5 years of transition.

The quantity and prices of organic inputs can be both boon and challenge. In areas where on-farm organic inputs are not readily available or cannot be made on-farm, farmers have to buy organic inputs and bio-pesticides, which can be expensive and of poor quality and increase the total cost of production.¹⁷ Similarly, organic farming can be labor-intensive, mainly due to the preparation and application of organic manure and manual weeding. In areas where labour is not available or expensive, this can affect farmers' overall profitability. However, this does mean greater potential for employment generation under organic farming – a topic that requires further research.

Areas for further research

- 1. Cost-effective technologies for managing organic manure production
- 2. Agri-implements specific for organic farming operations.
- 3. Managing labour-intensiveness
- 4. Employment generation under organic farming



SOCIAL IMPACT

1. Human health



2. Gender

Women's involvement and empowerment through organic farming is an under-researched subject in the scientific community of India. However, hundreds of case studies document the benefits and challenges of organic farming for women farmers and their role in scaling-up organic practices in India. A wide range of insights on this indicator was collected through many civil society organisations working specifically with women farmers on organic farming.

First and foremost, organic farming has helped improve the agency of rural women in India. The report, *Women Leaders – Case Studies from India*, by the International Crops Research Institute for the Semi-Arid Topics contains several success stories.¹⁸ Higher incomes from the sale of products at premium prices and reduced production costs have given women economic and financial stability. There are several cases where women have taken up leadership initiatives in and around their farms to promote and scale-up organic farming.

Significant drawbacks were also reported—mainly lack of knowledge. Organic standards follow clear rules and regulations for maintaining quality. Lack of proper know-how of organic practices affects the certification process and prices. Lack of support and risk coverage, especially in the first few years, is a significant hindrance to adopting organic farming. A second problem is an additional workload for women in terms of weeding. Third, they face a lack of investment to transition to organic farming. Costs include transportation to carry organic produce to distant markets, digging water reserves (primarily in the rainfed areas) and certification costs. Finally, there are few markets where women can benefit from the premium price of organic products.



ENVIRONMENTAL IMPACTS

1. Soil and nutrients

The research on organic farming's impact on soil health and nutrients is extensive and well established. One of the fundamental principles of organic farming is managing soil organic carbon and nitrogen to increase soil health. Several studies have shown that adding organic manures, the use of legumes, crop rotation, recycling of residues, the application of biofertilizers, and using compost under organic management systems improved the soil's physical, chemical, and biological properties, as well as the availability of macro and micro-nutrients.^{19,20,21}

There is a particular emphasis on practising organic farming in semi-arid and arid dryland soils as they typically have inadequate water retention capacity and low organic matter. In a few areas, the depth of soil is an added challenge. Organic farming improves the physical condition of such soil and its ability to supply plant nutrients. Drylands are also rich in local resources such as minerals (rock phosphate, gypsum, lime), biopesticides (like neem, karanji), and animal waste, which support organic farming methods.²²

2. Water

It is well established that organic farming reduces the potential for water runoff and water erosion using various conservation practices – rotation crops, cover crops, intercrops, and compost. These directly or indirectly improve soil and soil cover quality, encourage water infiltration, and decrease nutrient runoff



and erosion.²³However, there is a lack of systemic studies into the impact of organic farming on India's water use efficiency, and this area deserves more attention.

3. Energy and emissions

Organic farming can reduce emissions by eliminating synthetic fertilisers, and at the same time, reduce the atmospheric concentration of CO_2 through soil carbon sequestration. Many studies have confirmed this globally, but this is still an under-researched subject in India, and more longitudinal studies are required.

4. Biodiversity

No long-term systematic literature was found.

Impact evidence

Evidence	Yield	Income	Health	Gender	Soil and	Water	Energy	GHG	Bio-
Туре					nutrients			emission	diversity
Journals	38	14	0	2	12	1	2	1	0
Reports	2	2	0	6	1	1	0	0	1
Articles/								0	2
case-studies	4	9	1	50	1	1	0		
Others **	4	2	0	2	1	0	0	0	0
Total	48	27	1	60	15	3	2	1	3

State of available research discussing the impact of organic farming on various outcomes.

** Thesis, guidelines, conference papers, etc

Source: Authors' compilation

Note – The evidence is from the first 75 results examined in Google Scholar Advanced search and the first 30 results from Google Advanced Search. Only those papers which clearly established the evidence for different indicators were selected.

Stakeholder mapping

The following institutions are involved in the research and promotion of organic farming; a few were consulted for this research:

Government	Research/	NGOs/civil
institutions	implementation institutions	society organisations
National Centre of	Centre for Indian Knowledge Systems	Organic Farming Association of
Organic Farming	(CIKS)	India
Regional Centres of Organic Farming	ICAR - Indian Institute of Farming Systems Research partnering with 11 State Agricultural Universities	Sanjeevani



8ICAR institutes and 1 Special Heritage	Organic Farmer Producer
University under All India Network	Association of India (OFPAI)
Programme on Organic Farming	
IIASD: Agriculture Institute India	DDS Krishi Vigyan Kendra
National Organic Farming Research	Alliance for Sustainable and Holistic
Institute, Sikkim.	Agriculture
	Kheti Virasat Mission
	Centre for Sustainable Agriculture.

Source: Authors' compilation

Note: The stakeholders list is indicative and not exhaustive



Endnotes

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⁴ Yadav A.K. n.d. *Organic Agriculture – Concept, Scenario, Principals, and Practices.* NCOF, Department of Agriculture and Cooperation, Ministry of Agriculture, GoI.

- ⁵ Ministry of Agriculture & Farmers Welfare. 2020. Lok Sabha Unstarred question no. 2063, 'Organic Farming' dated 3 March 2020, Government of India, <u>http://164.100.24.220/loksabhaquestions/annex/173/AU2063.pdf</u>.
- ⁶ Ramanjaneyulu et al. 2020. Promotion of Organic Farming: Roles of key players. *Biotica Research Today* 2(8): 731-734.
- ⁷ Ministry of Agriculture & Farmers Welfare. 2020. Lok Sabha Unstarred question no. 2063, 'Organic Farming' dated 3 March 2020, Government of India, <u>http://164.100.24.220/loksabhaquestions/annex/173/AU2063.pdf</u>.
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The **Council on Energy, Environment and Water (CEEW)** is one of Asia's leading not-for-profit policy research institutions. The Council uses data, integrated analysis, and strategic outreach to explain – and change – the use, reuse, and misuse of resources. It prides itself on the independence of its high-quality research, develops partnerships with public and private institutions, and engages with wider public. In 2021, CEEW once again featured extensively across ten categories in the *2020 Global Go To Think Tank Index Report.* The Council has also been consistently ranked among the world's top climate change think tanks. Follow us on Twitter @CEEWIndia for the latest updates.

FOLU Coalition: Established in 2017, the Food and Land Use Coalition (FOLU) is a community of organisations and individuals committed to the urgent need to transform the way food is produced and consumed and use the land for people, nature, and climate. It supports science-based solutions and helps build a shared understanding of the challenges and opportunities to unlock collective, ambitious action. The Coalition builds on the work of the Food, Agriculture, Biodiversity, Land Use and Energy (FABLE) Consortium teams which operate in more than 20 countries. In India, the work of FOLU is being spearheaded by a core group of five organisations: Council on Energy, Environment and Water (CEEW), the Indian Institute of Management, Ahmedabad (IIMA), The Energy and Resources Institute (TERI), Revitalising Rainfed Agriculture Network (RRAN) and WRI India.

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